



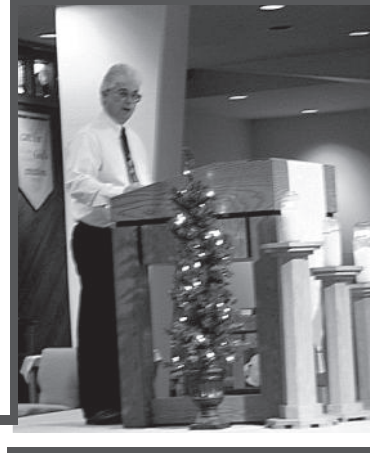
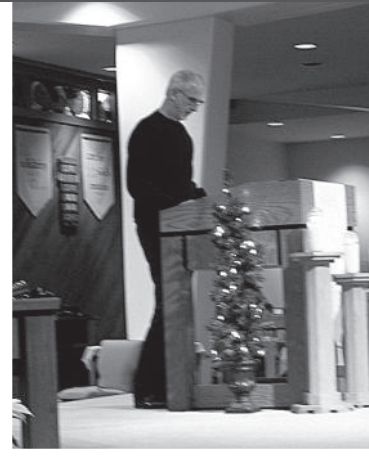
February 2016

BREAKING BREAD

A CHRISTMAS
Festival of
LESSONS
CAROLS



2016



2015 Eschweiler New Century Fund Memorials

(Memorials received from July 1 through December 1, 2015)

The Eschweiler New Century Fund was established as an endowment to provide additional support in carrying out the mission of Good Shepherd. Since July 1, 2015, the fund has received contributions in memory of the following people:



<i>Ethel Allar</i>	<i>Judy Giersch</i>	<i>James Michaels</i>	<i>Maribeth Springman</i>
<i>Jeanne Allen</i>	<i>Roman Grassl</i>	<i>Ardis Monroe</i>	<i>Sue Springman</i>
<i>Dianne Balsewicz</i>	<i>John Guinn</i>	<i>Roger D. Monson</i>	<i>Mary Ellen Stelpflug</i>
<i>Ervin "Butch" Benish</i>	<i>Clemens Haberman</i>	<i>Ardell Neuburg</i>	<i>Edwin Szuminski</i>
<i>Lavonne Bertucci</i>	<i>George Hartmann</i>	<i>Gary Neuburg</i>	<i>Jim Wallace</i>
<i>Bernice Bucher</i>	<i>Hassenfelt family</i>	<i>Kathy Neuburg</i>	<i>Patty Wallace</i>
<i>Myrtle Butenhoff</i>	<i>Mary Held</i>	<i>Harvey J. Oppenorth</i>	<i>Fred Wells</i>
<i>Deacon Gene Christensen</i>	<i>Jack Hoag</i>	<i>Vince Polyak</i>	<i>Marion Wells</i>
<i>Joseph D'Agostino</i>	<i>Carl Hofschulte</i>	<i>Michael Rheingans</i>	<i>Lavern Wick</i>
<i>Ethel Daley</i>	<i>Joan Hubbard</i>	<i>John Roessler</i>	<i>Richard Wright</i>
<i>Francis Daley</i>	<i>Judy Hunt</i>	<i>Walter Schoonover</i>	<i>Edward Zunk</i>
<i>Alphonse Doberneck</i>	<i>James Jalas</i>	<i>Lloyd Schardt</i>	<i>Jean Zunk</i>
<i>Frieda Doberneck</i>	<i>Janasik Family</i>	<i>Lyle Schardt</i>	<i>Deceased members of the Arnold family</i>
<i>Deacon Dennis Fietz</i>	<i>Jean Klinker</i>	<i>Angeline Schultz</i>	<i>Deceased members of the Collins family</i>
<i>Frank Filo</i>	<i>Ron Knutel</i>	<i>Clarence Schultz</i>	<i>Deceased members of the Dubnicka family</i>
<i>Jeanne Filo</i>	<i>Emmitt John Kyle</i>	<i>Joe Sofio</i>	<i>Deceased members of the Frank family</i>
<i>James Fitzgerald</i>	<i>Tom Lietzau</i>	<i>Tristan Sofio</i>	
<i>Jim Giersch</i>	<i>Anita Malone</i>	<i>Ed Springman</i>	

21! Middle School Youth Bring Christmas Cheer

by Corinna Ramsey

I know you already know this but I have to tell you anyway. We have fabulous youth here at Good Shepherd and in our cluster parishes! This advent season, they started a new activity in our 21 Middle School Youth Group. Sixth, seventh and eighth graders from Good Shepherd and St. James baked, decorated and delivered 31 plates of cookies to some of our grieving, sick or homebound parishioners.

We received such nice responses from the youth and families that delivered the cookies as well as the recipients. The families that delivered them had such meaningful visits and interactions with the parishioners. They gave hugs, smiles, greetings and of course, Christmas cookies. They left the doors and homes feeling like they made a difference in that one person's life.

Ann Jacoby was one of the parishioners that we delivered to. "We got such a nice surprise at the front door. I appreciated those cookies - I hadn't even baked any yet. We are eating them as we go along. Usually I put them aside but that's okay. They are so good. Thank you so much for thinking of me and my husband."

This was a new activity that was fun from beginning to end so we will make it a new tradition. The youth enjoyed baking, decorating, packaging and delivering the tasty examples of Christ's love. The parishioners who received them felt the love of our youth, our parish and our God come out in something as small as a little cookie.

If you or a parishioner you know is homebound, sick or grieving and you think a plate of cookies would brighten their day next Christmas, let Corinna know and she will put them on the list for next year.



National Catholic Youth Conference

by Corinna Ramsey

From November 19-22 Bryan Ramsey, Good Shepherd parishioner and youth minister at St. James, took 4 youth and 2 adult chaperones to NCYC for an experience of a lifetime. Two of those youth were our very own juniors from Good Shepherd. Below are their reflections on their trip. We thank the parish for their prayer and financial support to make this trip happen for our youth. We are hoping to make this trip again in the future where more of our youth can enjoy the experience.

by Emily Nolan:

Jason Ramsey and I were given the opportunity to make a pilgrimage to the National Catholic Youth Conference with about 300 youth from the Archdiocese Milwaukee last November.

On the first day, all of the youth from Milwaukee gathered at St. Anthony on the Lake for a sending off Mass preceding the loading of the busses and embarking on our almost 6-hour drive to Indianapolis. During Mass, I thought about all the people who were praying for me, I vowed to keep everyone in my prayers throughout the rest of the weekend.

When we finally arrived at the Lucas Oil Stadium for the opening session, I was overwhelmed by the number of people in attendance. I had been told that 24,000 people would be there, but nothing could have prepared me for this feeling that would repeat itself every single time we gathered for a large group session.

The weekend was filled with talks by lots of amazing speakers. My favorite talks were Bishop Hying's talk on living in the moment and the universal call to holiness and Mark Hart's talk on truth.

We didn't spend the entire weekend listening to people talk. In the convention center, there was the Thematic Park full of exhibitors and fun activities designed to help you meet people from all over the country. Whenever you meet a new person, you were supposed to trade something from your state with them. Now I have a collection of key chains and little trinkets from NCYC, each one with its own story and adventure that I will remember for a long time.

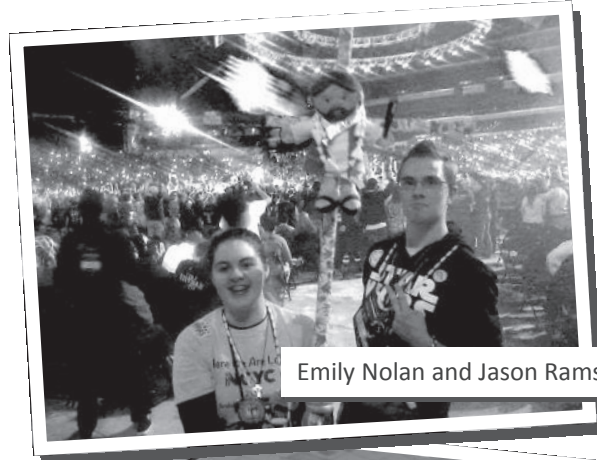
by Jason Ramsey:

My experience at NCYC was a pretty fun one. We left around 11 am Thursday morning (thankfully it wasn't 6 like I thought it would be) and had quite the ride. We all watched movies and got to know each other. Then we got to Lucas Oil Stadium, where most of the events were taking place. It was my first time ever in a football stadium, so that was pretty cool. When we entered and the first thing I hear is awesome pop music. Everyone was dancing and having fun. At that point I knew this was gonna be fun.

About 20,000 youth were there, and that's exactly what I went to see. I wanted to see the young side of the faith. I

wanted to see the fun you could have as a Catholic. After the nightly program we went to the hotel we were staying in and had some pizza. Friday and Saturday were similar days. We went to talks and exhibits throughout the day. And on Sunday we left for and returned home.

The best part though, was seeing how our faith could be brought into daily life. You don't have to be praying 24/7 to be Catholic. Be the good person you want to be, believe in God, and show God's love through daily life.



Emily Nolan and Jason Ramsey



February



Good Shepherd Parish

Sunday	Monday	Tuesday	Wednesday
<p>31 8:30 AM & 11:00 AM Liturgy 9:45 PM Mini Series on Sacred Scripture</p>	<p>1 9:00 AM Sleeping Bags and More 11:00 AM Faith Sharing Group 7:00 PM Pastoral Council Meeting</p>	<p>2 8:30 AM Liturgy 7:00 PM Choir Practice 7:00 PM Grief Support Group</p>	<p>3 9:00 AM Book Disc 7:00 PM Doubters Thinkers 7:00 PM Choir Pra</p>
<p>7 8:30 AM & 11:00 AM Liturgy 9:30 AM & 12 PM Blood Pressure 9:45 PM Mini Series on Sacred Scripture 6:00 PM Cathedral Center Meal</p>	<p>8 9:00 AM Sleeping Bags and More 11:00 AM Faith Sharing Group 7:00 PM Commissions Meeting</p>	<p>9 8:30 AM Liturgy 7:00 PM Choir Practice</p>	<p>10 9:00 AM Scripture 10:30 AM Healing 6:00 PM Soup Sup 7:00 PM Ash Wed</p>
<p>14 8:30 AM & 11:00 AM Liturgy 8:30 AM Generations of Faith 6:00 PM Evening Prayer 7:00 PM Gay & Straight in Christ</p>	<p>15 9:00 AM Sleeping Bags and More 11:00 AM Faith Sharing Group 7:00 PM Finance Council</p>	<p>16 8:30 AM Liturgy 7:00 PM Choir Practice 7:00 PM Grief Support Group</p>	<p>17 9:00 AM Book Disc 6:00 PM Stations o 7:00 PM Choir Pra</p>
<p>21 8:30 AM & 11:00 AM Liturgy 9:45 AM & 12:15 PM Welcome Weekend 9:45 PM Mini Series on Health & Wholeness 6:00 PM Evening Prayer</p>	<p>22 9:00 AM Sleeping Bags and More 11:00 AM Faith Sharing Group 7:00 PM Building & Grounds Committee</p>	<p>23 8:30 AM Liturgy 7:00 PM Choir Practice 7:00 PM Readers Prep at Good Shepherd</p>	<p>24 9:00 AM Scripture 6:00 PM Stations o 7:00 PM Choir Pra 7:00 PM Men's Gr</p>
<p>28 8:30 AM & 11:00 AM Liturgy 9:45 PM Growing Faith 9:45 PM Mini Series on Health & Wholeness 6:00 PM Evening Prayer 6:30 PM Lenten Reflection</p>	<p>29 9:00 AM Sleeping Bags and More 11:00 AM Faith Sharing Group</p>	<p>1 8:30 AM Liturgy 9:30 AM Lenten Reflection 7:00 PM Choir Practice 7:00 PM Grief Support Group</p>	<p>2 9:00 AM Book Disc 6:00 PM Stations o 7:00 PM Choir Pra 7:00 PM Doubters Thinkers</p>

Calendar

	Thursday	Friday	Saturday
Discussion Seekers, Practice	4 10:30 AM Communion Service at Menomonee Place 7:00 PM Choir Practice	5 8:30 AM Liturgy	6 3:30 PM Reconciliation 4:30 PM Liturgy 5:30 PM Blood Pressure Checks 12:00 PM 9th Grade Retreat 5:40 PM Family Game Night
Study Prayer per Wednesday Mass	11 10:30 AM Communion Service at MFHCC 7:00 PM Choir Practice 7:00 PM Ellacuria Sister Parish Committee	12 8:30 AM Liturgy	13 3:30 PM Reconciliation 4:30 PM Liturgy 5:40 PM Generations of Faith
Discussion of the Cross Practice	18 7:00 PM Choir Practice	19 8:30 AM Liturgy	20 3:30 PM Reconciliation 4:30 PM Liturgy 5:40 PM Welcome Weekend
Study of the Cross Practice Group	25 10:30 AM Communion Service at MFHCC 7:00 PM Choir Practice	26 8:30 AM Liturgy 6:30 PM 21! Middle School Youth Group	27 3:30 PM Reconciliation 4:30 PM Liturgy 8:00 AM Readers Prep at St. James
Discussion of the Cross Practice Seekers,	3 10:30 AM Communion Service at Menomonee Place 7:00 PM Choir Practice 7:00 PM Ellacuria Sister Parish Committee	4 8:30 AM Liturgy	5 3:30 PM Reconciliation 4:30 PM Liturgy 5:30 PM Blood Pressure Checks 5:45 PM Family Movie Night



Pastoral Council Meeting Notes

Jan. 4, 2016

Finance Council Report:

- 54% of pledge cards have been returned.
- Finance Council is reviewing Eschweiler Fund By-laws for clarification; Building and Grounds recommended \$10,000 to repair and update worship space lighting system

Commission/Committee Reports:

All are gathering information on ministries associated with each commission and committee to prepare a list of active ministries at Good Shepherd.

Christian Formation:

- Families in GOF are being assigned to tasks.
- Will be training youth for church ministries in January.
- Youth nights are small. Hope other parishes in cluster will encourage youth to come.

Prayer and Worship:

- Additional people have signed up for ministries.
- Ordering 5 missalettes for hard-of-hearing

Parish Director Report: Reviewing/affirming Good Shepherd mission statement:

- Members affirmed the statement as is
- Suggested that it be placed on our information screen occasionally.
- Suggested that the Council memorize the mission statement and read it at the beginning of all PC meetings.

Human Concerns:

"Soles for Jesus" will be investigated as the Lenten giving organization for this year. More information can be found at: solesforjesus.org

Discussion on Summer Sunday Mass Schedule (One Sunday Mass in July/August):

- Goal of vibrancy among the gathered assembly.

- Emphasize that this does not mean Good Shepherd is closing.
- Just a test!
- Leadership team will make a suggestion regarding time; Council and commissions can also make a suggestion.
- Ultimately open up for discussion.
- Working on possible parish survey.

Support for deacon Holy Hour for ALL life:

- Thursday, Jan. 21 at St. Agnes (6th annual) - 5 parishes involved.
- Not a single issue (unborn); also includes quality of life for powerless (old, young, hungry, homeless, undocumented, unemployed).

Fr. Marty/Richard will present Lent 2016 Reflection Series:

- Feb. 28 - session begins after 6:30 PM evening prayer.
- March 1 - 9:30 AM - session begins after 8:30 AM Mass.



Enhance Your Soul With Musings

by Maggie Brooks

Charles Bukowski said,
"If it doesn't come bursting out of you in spite everything, don't do it.
Unless it comes unasked out of your heart and your mind
and your mouth and your gut, don't do it."

What does this mean to you?

What do you think?



Meet the Family



By Meriel Christensen

Meet the Gawin Family

Mutual friends introduced Mary Ann and John Gawin in Milwaukee in 1947. They were married on August 19, 1950 at Holy Rosary Church in Medford, Wisconsin. They raised three children and today John lives on in Mary Ann's heart.

Mary Ann was born on March 29, 1926. She will celebrate her 90th birthday in March. She was the fourth child in a family of eight.

John and Mary Ann wanted their children to attend a Catholic School. They checked out Good Shepherd and met Fr. Fran Eschweiler. It was the school, and Fr. Fran, that helped them decide to build their new home on Christman Road.

Mary Ann retired from Community Memorial Hospital after twenty years of service. After eight years, doing Quality Assurance throughout the hospital she ended her career as Coding Supervisor in the Health Information Department.

Mary Ann says, "I love the outdoors, so gardening is at the top of my list of hobbies. I am also intrigued by Rocks! I have a huge rock garden at our cottage. It just keeps on growing bigger and bigger as friends also add to it."

Playing cards with different groups of friends fills her days with great fun. She plays Bridge, Hand and Foot, and Sheep's Head. The Eirenicon Club and the Community Chorus also keep her busy, and she volunteers at the

Silverado Home, and Gloria Dei Adult Day Care. "Another fun thing," she says, "is being part of the Golden Oldies Singers." They visit nursing homes and assisted living facilities.

She says she fell in love with her Good Shepherd family from day one! She feels we have all been blessed with our Pastors, Deacons, Sr. Joann, and the many staff members she has known throughout the years.

Engaging in parish life has been a "privilege," she says. Fifteen years in Christian Formation (formerly known as CCD), a term on the Parish Council, the Good Shepherd School Board, and serving as a Eucharist minister, are just a few of her gifts of Time and Talent. In the days of the Ladies Sodality she was their President and made many lasting friendships. Of course, being a gardener, she gave 12 years to the tending of the outdoor flower beds. Presently she is a member of the Prayer



Mary Ann Gawin

and Worship Committee and she makes phone calls to gather the folks who sing for funerals.

She and John had three children, Michael, Joy, and Patrick. Michael lives in Abilene, Kansas. He is retired from a career in Retail. He lost his wife, Bernie, to cancer in 2011. Joy and her husband Michael, live in Port Washington, WI. Joy works for Aurora Healthcare. She is a Business Analyst in the Information Technology Department. Patrick has joined his father in their spiritual lives, and Mary Ann says, "He is missed so very much."

Their four grandchildren are doing well. They are scattered about. One is in Menomonee Falls, one in Arizona, one in Olathe, Kansas, and the fourth is in Kansas City, MO. At last count there are five great grandsons, and two great granddaughters. Always hoping for more to "widen the family circle."

Check out Mary Ann's picture. Note the smile? It is always present. Don't forget to wish her an upcoming happy birthday and thank her for her love and devotion to our parish.

We need parishioners to feature in "Meet the Family", and we'd like to introduce your family!

Contact Meriel Christensen

(414) 353-6376 or

meriel1204@att.net



Health Bytes
By Laverne Schoonover RN

Body, Mind and Soul

In last month’s Stewardship Letter, as a New Years resolution, Deacon Sandy encouraged us as Christian Disciples, to grow in our faith life. He mentioned using the guidelines of the Beatitudes and Corporal Works of Mercy as our moral objectives. We would do well to heed this message for a healthy soul. However, we also have an obligation to keep our body and mind as healthy as possible.

Here are some guidelines to help us have a healthy body and mind:

If you pick losing weight as a resolution:

Set specific goals, Instead of “I want to eat better”, set a specific goal, like “I will eat five servings of fruit and vegetables every day” or “I will start walking five minutes per day and increase by one minute each week until I am walking 30 minutes per day”.

Monitor your actions, Keep track of what you are doing, Mark every workout on a calendar, and put that calendar where you can see it, the more you keep track, the more you are likely to continue with that behavior.

Arrange for success by eliminating barriers. If you want to reduce sweets, remove them from the house and office.

Have a support team. Ask family members and friends to provide support, let them know they are critical to your success, and keep them in on any progress you make on your goals.

Treat your actions. Reward yourself for making your resolution a habit. Some examples include having a low-fat ice cream, going to a movie, or enjoying some other type of treat that will make you feel good about your new habit,

Keep your mind healthy by: Staying socially involved, Exercise your mind with puzzles, reading, classes, games, lectures and other mind-challenging activities. Try to stay curious and aware.

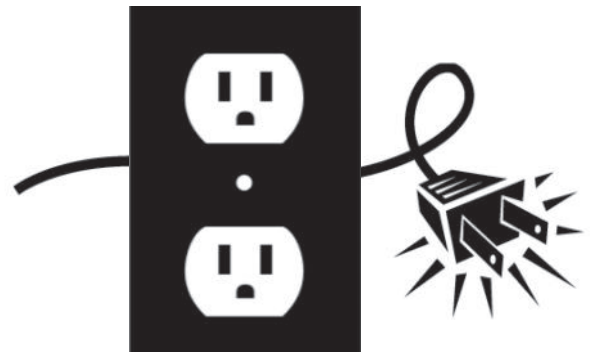
Consume folate rich foods. Research suggests that low blood levels of folate may increase risk for cognitive problems, and that natural supplements for folic acid can significantly improve cognition especially in older adults,.. Excellent sources of folic acid include cooked beans and lentils; raw spinach and other dark green leafy vegetables; asparagus; broccoli, and oranges.



Your Green Corner
By Mary Kult

Pull the Plug

No, this is not a new dance for 2016 Start 2016 right; unplug the TV. No this is not the easy way to exercise either. Some TV’s use more electricity in the 20 hours of them being in the off position than in the 4 hours on. In other words “off” is not really off. Most TV’s remain in low energy standby modes when turned off, so that they can instantly respond to TV remote controls. If you have more than one item to plug into power such as a DVD and TV consider a power strip. This makes it easy to turn off all items at once, when not in use, therefore saving energy.



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Furthering the spiritual growth
of the Good Shepherd Community
by providing an inspirational view of parish life.
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