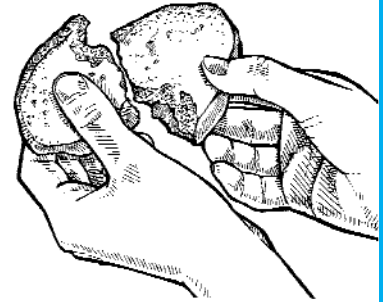


BREAKING BREAD

Good Shepherd Catholic Church



Marriage to Stand the Test of Time

by Bryan Ramsey

Summer is that time of year when everyone and anyone are getting married. What a perfect time to do a little reflecting on what marriage is from a couple of, well, couples on complete opposite sides of married life.

Greg and Michele Bender were married at St. James in Sussex on October 3, 2009. "The only difference," says Michele comparing before and after marriage, "is that instead of me just going over and hanging out at his apartment, I just don't go home anymore."

And they like that idea so much that Greg feels a bit more guilt when he goes to his second job. In spending so much time together, they've found that communication is extremely valuable to their relationship. "We tend to ask each other's opinion instead of jumping into decisions," Greg says.

Michele adds, "We don't really try to change each other. Be accepting, loving and talk about your problems right away, even if they seem little, because it's the little things that build up and cause big issues later."

Bob and Betty Wachowiak were married at St. Leo's in Milwaukee on July 16, 1960. Communication has also been a prized asset for their many years of bliss. And a good sense of humor as well as I began the interview by asking, "How's it been for the last 50 years?" They both burst out laughing.

After getting into the conversation a bit more though, community and the church prove to be quite helpful in the success of their marriage. "We found good people wherever we went," Bob says of the times they've moved since being married, "and it

was through the church. The church connection has always been important to us."

For Betty, awareness of what Bob's wants, needs and moods has been close to the top of the list.

"Our ego plays a big, big role in our lives. I've got to have it my way, and my way's the only way. You have to be able to let go. So many times I realize,

"Well this isn't all that important, heavens to murgatroid! The sun is going to come up tomorrow morning anyway, whether I have my way or not."

And for both, prayer has helped them through those good times and bad. "When things are going well hey, hallelujah," Betty says. "But when you get into that rocky road phase, well then prayer is very important and talking to God, and I've done my share of that."

Even with the separation of 50 years between marriages, the two couples echoed a lot of the same themes to success: communication, awareness, patience, forgiveness and respect. It's nice to know that God built marriage to stand the test of time, through many ages and generations.



Bob & Betty Wachowiak
July 16, 1960



Michele & Greg Bender
October 3, 2009

"... the two couples echoed a lot of the same themes to success: communication, awareness, patience, forgiveness and respect."

Celebration of Ministries Dinner



Where's the spaghetti? These parishioners await the gracious serving of dinner by a parish council member at the annual Celebration of Ministries dinner.



All set to serve! Equipped with aprons, pens and pads, pastoral council members are ready to take drink orders before serving the spaghetti at the annual Celebration of Ministries dinner.

Offering of Letters



Laura Wilford and Pat Taugher write letters to their legislator during our annual Bread for the World Offering of Letters, focusing this year on strengthening the Earned Income Tax Credit for low-income working families. A total of 253 letters were written.

Workcamp Flower Sale



(top right) Lori Fox checks her order at the flower sale pick-up day. The flower sale benefits our parish National Workcamp in July.

(right) Parishioners pick up their orders at the flower sale benefitting our youth National Workcamp in July.

Good Shepherd Outreach Report

Quarterly Outreach

At the May Outreach Committee meeting, the following ministries were selected for funding for the regular Outreach funds – 5% of the parish income:

- **Deaf and Hard of Hearing Ministry** (archdiocese-wide) - \$1000 to be used for interpreters at various archdiocesan events and educational opportunities.
- **Dismas Ministry** - \$2000 – a ministry which serves those in prison by providing spiritual resources, celebrating its 10th anniversary.
- **Caring Hands for Tanzania** - \$1500 – recommended by a parishioner. Caring Hands cares for children in the Njombe Diocese of Tanzania, Africa, who have been orphaned due to AIDS.

Their help involves direct assistance (food and clothing) and education.

- **Youth Workcamp** – an additional \$500 (total for 2010 - \$1000)

For Future Consideration

- Waukesha Habitat for Humanity, HOPE Center in Waukesha, Casa Romero Renewal Center, The Gathering, CALGM – national gay/lesbian Catholic organization, Youth jobs project in Milwaukee

Faith in Our Future and Outreach

In order to discern the use of the Outreach portion of Faith in Our Future (FIOF) money, several proposals have been initiated: 1) to give \$5000 to our sister parish in Ellacuria, El Salvador, 2) to

invite various Good Shepherd Human Concerns ministries to apply for the FIOF Outreach Funds, and 3) to welcome other suggestions for funding from parishioners. The applications for funding should be for specific projects – to help raise awareness in the parish of the ministries themselves and to give us an update on what is currently being done in their work and service to the poor.

The committee will meet in July to discuss the first applications for funding. Once approved by the committee, each proposal goes to the pastoral council for final approval. This same process will be used each year of the FIOF campaign.

If you have any questions or suggestions for funding, please contact Jane Clare in the parish office.



Putting His Faith into Action at Work

By Mary Ann Erdtmann

As Christians we are called to bring Gospel values into the workplace, to connect what we hear in the Sunday liturgy to what we do every day.

John Tarantino, Good Shepherd parishioner since 1966, did just that when he championed for the rights of women in his workplace back in the 60's.

Shortly after being promoted to a supervisory position at Briggs and Stratton, having 35 women and 15 men under him, John noticed that all the women were bench inspectors, doing the final check for crankshafts coming off the line. Men, on the other hand, were floor inspectors, being responsible for checking each part of the

machine during assembly.

"The men made 10 times as much as the women. This is not right," John reasoned; "women should have the same opportunity for those jobs and wages".

After much praying "and gnawing about it, I had to make a move." John approached the chief inspector and requested that women be trained for those jobs. "The inspector laughed and told me not to cause trouble. I didn't like that answer," John remembered. "It was not right."

So John approached the chief inspector again and was warned about being fired. "But I persisted, asking every week for 8 or 9 months," he said. "I never spoke in an

angry tone, but repeated my conviction about women's rights for equal opportunity." His boss, finally won over, approached two vice-presidents, and an OK was given to train 6 or 7 women for the floor inspector jobs. Eventually, all 35 women were trained for those positions, "and when they saw their first paycheck, they were awestruck."

When John retired in 1997, after 43 years, women were not only floor inspectors, but also held supervisory and salaried positions. Reflecting on this experience, John said that his "faith was involved a lot." He remembers his father telling him, "You have to understand, God is working with you."

Faith in Action



Parishioner John Tarantino

MEET OUR Pastoral Council



Pat Taugher

May 3, 2010

Pastoral Council Meeting Notes

Council continues to review the 2010-11 Budget. No adjustments have been made to the projected revenue. The revised budget was reached by making expense adjustments. The staff and council are working together to achieve a balanced budget. We are still working on projected deficit for the 2010-11 budget. Any surplus at the end of June 2010 will be applied to next years Archdiocesan assessment.

The suggestion was made to tell the groups/commissions that whatever they ended up spending this year in each area is what they will have to spend for the next fiscal year. This way the future budget would be based on

what has actually been spent. Each council representative for each commission will go back and ask their commission to base their budget on what was actually spent in 2009 – 2010 and give an explanation for why they need more money for a line item. The goal is to have better communication from each commission to ensure accountability on a monthly basis. The council should look at expenditures quarterly.

Discernment committee will be talking about mentors and getting binders to the new Council people.

Julie Nolan reported that the Cluster Council subcommittee will meet with Sharon Ellis to organize the Cluster

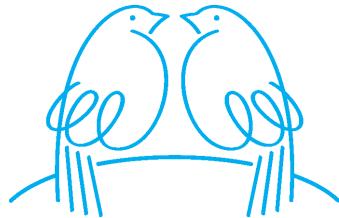
Council Meeting with staff and Cluster Council Members from the three parishes.

The Council approved a Faith In Our Future request from Prayer and Worship Commission to update the Church A/V system with a quotation of \$26,071.00.

The Corporal Works of Mercy was raised as a possible theme for the next few years. This would be in support of Good Shepherd being an active or vibrant parish. We are still looking for other topic options.

Public Awareness Committee. The Time and Talent survey sent to parishioners may surface some names for this committee.

Date Your Mate



Date Your Mate is still going strong. Pat and Tony Burns led the group in the warm-up and presentation of date number three, Resolving Honest Conflict. The enthusiasm and laughter of the group continues to make the evenings fun and good for marriage. Good Shepherd would like to offer this program again next year, so stay tuned for announcements this fall regarding future opportunities to join in!



Our Vibrant Parish

THIRD IN A SERIES Ten Signs of a Vibrant Parish

by Mark Steimle

This article focuses on the next sign of a vibrant parish based on the *10 Signs of a Vibrant Parish* (Denise Simeone - National Catholic Reporter). A vibrant parish is one that has vitality and a healthy life that others recognize.

Another of the signs of a vibrant parish is **“Parishioners know who they are and who they are called to be.”** The Parish mission statement is often the key document that helps a parish community to define its identity. Many hours go into developing this mission statement and then it often fades into the background. Good Shepherd publishes our mission state-

ment on the cover of the bulletin each week. Perhaps we look right past it.

.....
“**Good Shepherd is a Christian caring community, nourished by a joyful spirit-filled liturgy that inspires our daily lives. We strive to welcome, accept, and love all people as they are, and through our ministries reach out with active concern to those in need.**”
.....

Does this mission inspire and empower us? Does it call us to action? I think it is a pretty good reflection of who and what Good Shepherd is all about. Another focus for our parish is the challenge to live the Beatitudes. Our building proclaims and reminds us of how we are called live, through the etched windows that adorn our west entrance.

We’d like to hear about thoughts and experiences you’ve had here or at another vibrant parish. Drop us an email and tell us at goodshepherd@gdinet.com.



Ten Signs of a Vibrant Parish

1. All who enter experience welcome and hospitality.
2. Liturgy inspires active participation and offers an experience of God.
3. Parishioners recognize their parish mission.
4. Collegial leadership is practiced.
5. Members are recognized as gifted and called forth to use their gifts.
6. Faith is nurtured.
7. Outreach to the body of Christ is practiced.
8. There is a plan for a sustainable and responsible future.
9. Communal life abounds.
10. Baptism’s vocational call is cultivated.

*Denise Simeone,
National Catholic Reporter*



Generations - of - FAITH



Children are captivated as parishioners, Jeff Fox (left), and Andy Gagnon pose members of "Fishsticks" in a skit during the Generations of Faith Festival.

Sunscreen or Smoke Screen?

Submitted by Mary Kult

SPF numbers rise, but they have little to do with the science of protecting skin from the sun's harmful rays, and more to do with marketing.

Although the U.S. Food and Drug Administration drafted guide lines three decades ago governing safety, efficacy and labeling of sunscreen, official rules have yet to be implemented. As for UVA protection no standards beyond 20 has yet to be determined. "Hats, clothing and



shade are still the only completely reliable sun protection" said Jane Houlihan vice president for research. Research has shown that people who use sunscreen tend to stay in the sun longer than they might otherwise.

A product labeled SPF 15 blocks about 93 percent of the sun's rays; and SPF 50 protects against about 98 percent. Because 100 percent of coverage isn't possible, products labeled SPF 70 or 100 don't make much sense.

Under the proposed guidelines, labeling would be expanded to include a four-star system that tells consumers how well the product protects against UVA rays.

From www.wgntv.com. For additional information click on the articles dated May 11, 2009 and May 24, 2010.



"As for UVA protection, no standards beyond 20 has yet to be determined."

To further the spiritual growth of the Good Shepherd Community by providing an inspirational view of parish life.

YOUR GREEN CORNER

by Mary Kult

Organic, All-Natural, Earth-Friendly, Vegetarian, Vegan?

More and more people are taking an interest in what they eat and how it's produced, seeking foods that are better for their families and the environment. Here are a few key terms that will make it easier for you to make the best choices.

Organic: Organic produce is grown without synthetic fertilizers, herbicides, and pesticides. Organic meat and dairy live-stock receive no antibiotics or added hormones and are raised on organic feed. Organic products never use genetic engineering or irradiation.

Organic farming promotes healthy soil, biodiversity, and the conservation of water and ecological systems. It helps keep chemicals out of the air, earth, and water. And organic farmers focus on using renewable resources.

You'll find organics throughout most stores. They include everything from baby foods and lotions to canned soups and vegetables; from pastas, rices, and frozen foods to snacks, juices, coffee, and tea.

All-Natural: Foods that are minimally processed and contain no artificial colors, flavors, preservatives, or sweeteners.

Earth-Friendly: Produced in such a way to minimize any negative impact on the environment. Good examples of earth-friendly products are those that are biodegradable, chemical-free, or made of recycled post-consumer waste.

Vegetarian: Foods derived from plant sources, such as fruits, grains, legumes, and nuts. These can contain egg and dairy products.

Vegan: Solely from plant origin; absolutely no animal ingredients or byproducts such as eggs, dairy products, or honey.



Information courtesy of Publix Supermarkets, www.publix.com/greenwise.



- Jason and Tammy Hernke, daughter Grace age 1
- Ron and Jan Hutts
- Audrey Mikulovsky
- Heather Seubert and Chad Vartanian

Good Shepherd Catholic Church

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