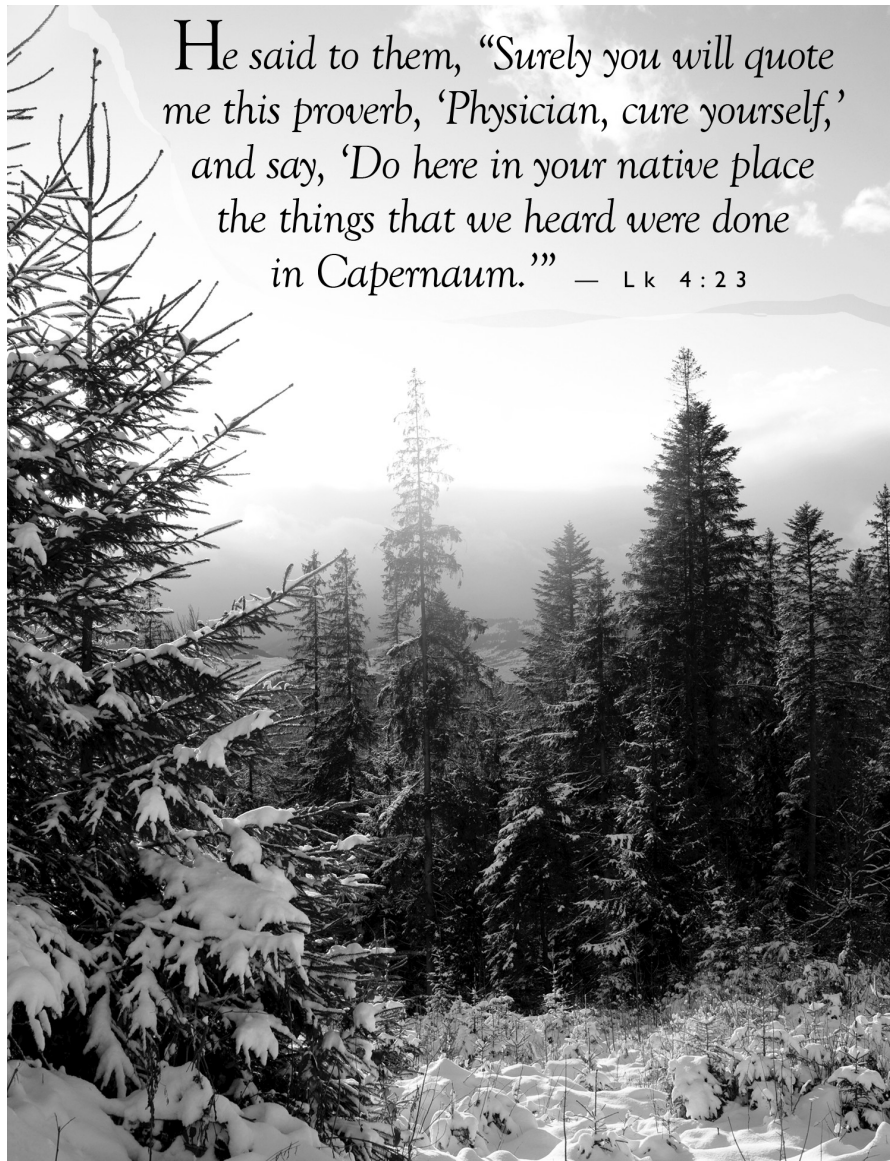




Welcome To
GOOD SHEPHERD
Catholic Church
Menomonee Falls, WI

Fourth Sunday in Ordinary Time—January 31, 2010



He said to them, “Surely you will quote me this proverb, ‘Physician, cure yourself,’ and say, ‘Do here in your native place the things that we heard were done in Capernaum.’” — Lk 4:23

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Parish Life This Week

Monday, February 1

9:00am Keep Warm Quilters
7:00pm Pastoral Council Meeting

Tuesday, February 2

9:00am **Liturgy— For Vocations (At Messner)**
10:00am Centering Prayer
1:00pm Faith Sharing
7:00pm Grief Support Group

Wednesday, February 3

7:00pm Adult Confirmation
7:00pm Doubters, Seekers, Thinkers

Thursday, February 4

10:30am **Communion Service (at Tamarack)**
10:00am Centering Prayer
7:15pm Central America Group

Friday, February 5

9:00am **Morning Prayer**

Saturday, February 6

4:30pm **Liturgy— Virginia Goddey†**
5:30pm Generations of Faith

Sunday, February 7

8:30 & 11:00—Listen to the Lord Gr K-5
8:30am Generations of Faith
9:45am In the Spotlight
8:30am **Liturgy—Paul Plevak†**
11:00am **Liturgy— For the Parish**

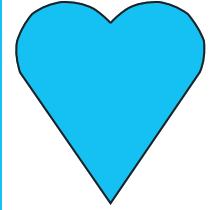
Upcoming Events

Feb 9 Faith Sharing Group
Feb 10 Fran Peacemakers Lunch Drop off
Feb 10 Adult Confirmation
Feb 11 Centering Prayer
Feb 11 Book club
Feb 13 Blood Pressure in Chapel
Feb 13 “Date Your Mate” begins
Feb 14 Generations of Faith
Feb 14 LARCUM concert at Holy Cross

OUR MISSION STATEMENT

Good Shepherd is a Christian, caring community, nourished by a joyful spirit-filled liturgy that inspires our daily lives. We strive to welcome, accept and love all people as they are, and through our ministries reach out with active concern to those in need.

Taking Care of The Heart



Once, my oldest brother sent me a card that had the diagram of an actual heart on the cover, with a little arrow pointed to the left ventricle, with the following words: “You are here.” It was humorous, and touching in a way one might expect from a sibling who wants to get across the message of fondness, but not actually say it.

The word “Heart” brings to mind many images— a heart-shaped image, or a heart monitor, or a physical heart, or the chest area. And there are word images that convey emotion such as heart-felt, heartsick, heartache, heartbreak, heart-throb, heart-warming, heartening. Even hearty and heartburn convey the varied ways we communicate with that image!

Charmed as we might be by the felt sense of heart, the same fondness doesn’t seem to always extend to that actual, physically beating heart in our bodies! Bridging that appreciation for the symbol of life to an appreciation for how we live out our lives is a spiritual challenge.

Our Coordinator of Pastoral Care, Cheryl Matusiak, offers a few reminders that paying attention to our heart health is also paying attention on a deeper level to our relationships. Our physical presence in the world is the central way we manifest and show our affection and support for others. Caring for our hearts is living out care in the broader world.

The American Heart Association has a few things to offer in terms of taking on the challenge of living to the fullest by caring for ourselves. Since February is “heart health month”, maybe it is a chance to care for our hearts fully and thoughtfully. As for me, besides, getting more exercise, I think I’ll give that brother a call and tell him I think he’s great, too!

~ With heartfelt blessings from Marguerite Thompson & Cheryl Matusiak

For ways to care for your blessed little heart, check out the American Heart Association’s “Life’s Simple 7” at www.americanheart.org. You can also contact Cheryl Matusiak at 262-305-4117 for more information!

The Simple 7 are the usual:

- Get active
- Eat better
- Loose weight
- Stop smoking
- Control cholesterol
- Manage blood pressure
- Manage blood sugar

One way to show your care: self-care!

Food Pantry Needs: 1st stage baby food, powdered milk, potato products

Lyle Priske was born into eternal life on January 23, 2010. A Mass of Christian Burial was celebrated on January 27, 2010. Please remember him, family and friends in your prayers.



Please: Mark Your Calendars!

MARCH 7th THROUGH THE 10th, 2010

The Four Saints and Good Shepherd will host a Mission at St. Agnes 12801 W. Fairmount Avenue, Butler, WI from 7:00 to 8:30 PM each evening.

For those unable to attend all the evening sessions, there will be an 8:15 AM liturgy at St. Agnes, followed by a light breakfast and a video repeat of the previous evening's presentation on Monday, Tuesday and Wednesday mornings.

The Theme of this Mission is - Unleashing the Reconciling Power of Jesus in Our Lives.

Parish Mission



Friends and Neighbors - Especially Teens and Parents!

You are invited to the next gathering of Gay and Straight in Christ on February 14th at 7:00 pm in the Chapel at Good Shepherd Catholic Church. (N88 W17658 Christman Rd.) We will have guests from Wauwatosa West High School who will share their experience with the alliance

group at school. Please come with your support and questions. For more details call Ann 262-502-0437.



SINGLE SOULS 35+ UPCOMING EVENTS:

Saturday February 20th, join the group for Menomonee Falls Chilly Fest. Plan to meet at the heated tent by Mill Park Pond at 11 a.m. Call Linda at 262-345-5104 for more information.

Pastoral Council Agenda for February 1, 2010

General Items:

- Welcome, Opening Prayer, approval of minutes
- Monthly reports

Action Items:

- Faith in Our Future
- Pre-mass warm-ups
- Public awareness committee

Discussion Items:

- Discernment of current parish needs
- Preview of 2010-2011 fiscal year



Ash Wednesday Supper

As we prepare for our Lenten Journey, plan to enjoy a simple meal of soup and bread with your parish family on **Wednesday, February 17 at 6:15 p.m.** Each family is asked to bring one loaf of bread (sliced) of your choice to share. Please call the Parish Office at **255-2035** to let us know how many members of your family will be attending. The Ash Wednesday liturgy begins at 7:00 p.m.

Bring last year's palms

Prior to the Ash Wednesday liturgy, at 6:50 p.m., we will have the Burning of the Palms ritual. Although these ashes will not be used in the liturgy, the rite reminds us from where the ashes come. These ashes, then, will be used next year. **Please bring old palms to church the next two weekends** (Feb. 6/7 & 13/14). Put them in the baskets at the base of the ramp.



**Immigration Corner
G.S.I.S.G.**

(Good Shepherd Immigration Study Group)

On January 6th, Bishop John Wester of Salt Lake City, chairman of the USCCB Committee on Migration, and Bishop Howard Hubbard of Albany, chairman of the USCCB International Policy Committee, launched a new Justice for Immigrants (JFI) website and a new postcard campaign for Catholics. During a telephonic press event, the two chairmen outlined plans by the Catholic Church to work to enact comprehensive immigration reform in 2010.

Vocation Corner
 "Love Never Fails."

Trust the love of God and follow your heart.
 (1 Corinthians 12:31-13: 4-13)

Ash Wednesday Annual Day of Reflection

Milwaukee Archdiocesan Council of Catholic Women invite women to a day of reflection on Ash Wed, Feb 17 at the Schoenstatt Retreat Center in Waukesha from 7:45 am to 2:00 pm. - featuring Dr. Lance Richey as the main presenter. Cost \$25 includes all. For further information call Bea Sikorski at 262 363 43122.

The Annual St. Agnes "MARDI GRAS NIGHT"

Saturday, Feb. 13, 2010, 7 - 11 PM
 Enjoy your favorite Las Vegas Games: blackjack, craps, let-it-ride, pokeno, texas hold-em !!! * * * TICKETS \$20 * * *
 Limited seating. Admission INCLUDES: Start up chips, Late Night Buffet, at 10:00, RAFFLE at 10:30 PM. MUST BE 21 OR OVER TO ATTEND.
 CONTACT: 414-353-4312 FOR TICKETS .

Elizabeth Ministry: Providing Long Distance Support

Two Mount Mary faculty members with extensive experience with the Dead Sea Scrolls will present a free lecture "The Dead Sea Scrolls 101: An Evening of Introduction," on Thursday, February 4, from 7:00pm—9:00pm at Mount Mary College, 2900 N. Menomonee Parkway in Milwaukee. The presenters, Dr. Donald Rappé and Helga Kisler will discuss the geographical and archaeological contexts of the Scrolls, the variety found in representative texts, and a review of the Scrolls' significance for understanding both early Judaism and the origins of Christianity. A brief preview of the newly-opened Scrolls exhibit at the Milwaukee Public Museum will also be given along with an opportunity for questions.

Are you looking for ways to serve the people of God?

The Tau Volunteer Program offers a brief (4 - 12 weeks) transformative experience for women of faith who wish to be involved in the mission of the School Sisters of St. Francis (SSSF). Join us in serving the poor in the U.S., advancing the causes of justice and peace and encouraging respect for the integrity of creation. Tau volunteers have the opportunity to share the ministry of the SSSF with people in underserved communities, offer short-term, full-time volunteer service and immerse themselves in other cultures. For more information contact Sister Nan Pfefferle at 414-385-5269, npfefferle@sssf.org, or visit us at usp.sssf.org.



Readings for the Week of January 31, 2010

Scripture
 Readings
 For the
 Week

Sunday: Jer 1:4-5, 17-19/1 Cor 12:31—13:13 or 13:4-13/Lk 4:21-30
Monday: 2 Sm 15:13-14, 30; 16:5-13/Mk 5:1-20
Tuesday: Mal 3:1-4/Heb 2:14-18/Lk 2:22-40 or 2:22-32
Wed: 2 Sm 24:2, 9-17/Mk 6:1-6
Thursday: 1 Kgs 2:1-4, 10-12/Mk 6:7-13
Friday: Sir 47:2-11/Mk 6:14-29
Saturday: 1 Kgs 3:4-13/Mk 6:30-34
Next Sun: Is 6:1-2a, 3-8/1 Cor 15:1-11 or 15:3-8, 11/Lk 5:1-11

Good Shepherd Directory

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 Menomonee Falls, WI 53051-2630

Parish Offices (262) 255-2035
 Courtesy/Hall Phones (262) 255-2213
 Fax (262) 255-2020
 Website www.mygoodshepherd.org

Pastoral Team

Pastor Kenneth Mich
 Deacon Gene Christensen
 Deacon Sandy Sites
 Pastoral Associate Jane Clare Ishiguro
 Director, Administrative Services Mark Steimle
 Director, Liturgy & Music S. Joann Julka, SSSF
 Administrative Assistant Marguerite Thompson
 Custodian Jerry Podkowski
 Liturgical Secretary Gene Christensen
 Director, Child Ministry Lorrie Maples
 Director, Youth Ministry Suzanne Foster
 CF Administrative Assistant Shari Rodriguez
 Coordinator of Time & Talent Shari Rodriguez
 Pastoral Ministers: Ann Castiglione
 Pastoral Care Coordinator Cheryl Matusiak

Pastoral Council

Dave Christensen Chairperson
 Jim Yerger Vice Chairperson
 Jeff Bloedom Secretary
 Marty Hassenfelt Trustee Treasurer
 Bob Wachowiak Trustee Secretary
 Eric Bloedom, Tom Dueppen, Beth Gonstead, Steven Grieb,
 Vivian Hughes, Larry Kolb, Tom Moran, Julie Nolan, Mary
 Oswald, Patrick Taugher

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 Shari Rodriguez srodriguez@archmil.org
 Sandy Sites sites@archmil.org
 Mark Steimle steimlem@archmil.org
 Marguerite Thompson margueritet@archmil.org

For the Hard of Hearing

Hearing Assisted Devices available for celebrations and services, see usher for assistance.

Liturgy Schedule

Weekend: Saturday 4:30 pm; Sunday 8:30 am & 11:00 am
 • Childcare (4 & under) during Sunday liturgies in Rm. 219.
 • Sunday 11:00 am liturgy signed for the deaf.
Weekday: Tuesday & Friday 9:00 am; Thursday 10:30 am
 (at MFHCC, Tamarack, or Northfield Manor); 1st Tuesday
 9:00 am (at Messner Manor)

Sacraments

Reconciliation: Communal services held in Advent & Lent. Individual confession by appointment with the pastor.
Marriage: Preparation begins by calling the pastor no later than 6 months prior to the planned date.
Children's Baptism: Call the pastor to register. Next celebrations are: April 10/11

Rite of Christian Initiation of Adults

RCIA is a time to consider full membership into the Catholic Faith. Call our office for more information.

Adult Confirmation

Call our office if you wish to be confirmed.

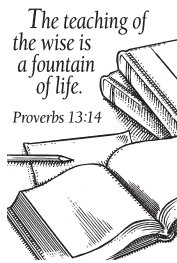
Membership

Families or individuals over 17 are invited to join our Faith Community! Call the Parish offices.

What the Catholic Church Teaches:

“Official Catholic teaching unambiguously condemns failures to provide health care to all. In his 1963 encyclical *Pacem in Terris*, Pope John XXIII identified health care as one of the basic rights that flow from the dignity of the human person. In his 1979 address to the United Nations, Pope John Paul II also included “sufficient healthcare” among the human rights endorsed by the Catholic Church. In 1993, the U.S. bishops declared, “Every person has a right to health care. This right flows from the sanctity of human life and the dignity that belongs to all human persons, who are made in the image of God.”

Quoted from: John Allen, Jr. *The Future Church*.



Dead Sea Scrolls

Dead Sea Scrolls Come to the Milwaukee Public Museum Good Shepherd has reserved 50 tickets for Sunday, March 28 (Palm Sunday). The school bus will depart Good Shepherd at 12:00 p.m. Good Shepherd Tours of the “Dead Sea Scrolls” will begin at 1:00 p.m. Included in our package, the Imax film, “Secrets of the Dead Sea” begins at 2:30 p.m. Participants will have access to the entire Public Museum as well. The bus will depart from the Museum at 4:15 p.m. We will be back at Good Shepherd about 5:00 p.m.

Come to the Water: 2010 LARCUM Choir Concert.

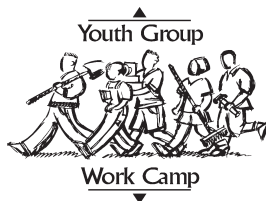
Sunday, February 14, 2010, at 3:00 pm. Location: Holy Cross Lutheran Church on W156 N8131 Pilgrim Road, in Menomonee Falls. This program includes sacred music in a variety of styles and settings by choirs from the individual LARCUM churches, plus a combined mass choir of over 100 voices! There is no admission charge. Refreshments and fellowship will follow the concert. Come and enjoy the beautiful music.



LARCUM Choir

We Were There Practice!

Calling all cast and Crew
Sunday, **February 7 at 11:00 p.m.**
Please be prompt.



Work Camp Parent Meeting

Destination New Castle, PA
Tuesday, **February 2 @ 7:00 p.m.**
Christian Formation Office



In the Spotlight, 2010

Now in its 11th year!

An Adult Formation series - 9:45am
Sunday Mornings
Daniels Hall

Childcare Available

THIS WEEK: 4th Sunday in Ordinary Time—January 31: “Applying the Catholic Vision for Society.” With Rich Harter

In addition to being a very practical and personal everyday faith, Catholicism also promotes a vision for society and social issues. This session will explore the Catholic social vision as articulated through the concepts of salvation history, social sin, and social justice.

Rich Harter is the Pastoral Associate for Administrative Services and Adult/Family Ministry at St. Dominic Parish in Brookfield.

Next Time: 1st Sunday in Lent—February 21: “Taking on the Identity of Jesus: Major Role Reversal.” With Miriam Brown, O.P.

As we visit again the gospel stories we read about the plight of people of Jesus’ time—the blind man crying out to see, the crippled person lying by the pool waiting for help, the Samaritan woman suffering a great thirst, and Nicodemus coming by night to question and understand. We easily identify with them and their needs. Like them we pray to see, to be healed, to walk. We come to God with our thirst and our seeking.

The revolution is that Jesus has invited us not to be “the needy” but to be like himself. St. Paul says it: to put on the spirit of Christ. This challenging reversal of our more timid identities throws a new light on our Prayer, Relationships and Preaching.

Sister Miriam Brown, O.P. is a Sinsinawa Dominican on the staff at Siena Retreat Center. She is a retreat facilitator, spiritual guide, and often a presenter in other settings. She teaches in “Theology by the Lake” Program and is a team member of the two-year “Spiritual guidance Training Program” and the coordinator of the peace and justice series “Situations of Substance.” Miriam has an eye for the spirit’s movement in the world and a deep appreciation of God’s workings in our lives.